



FORGE WEEKDAY PROGRAM

MONDAY

TUESDAY

WEDNESDAY

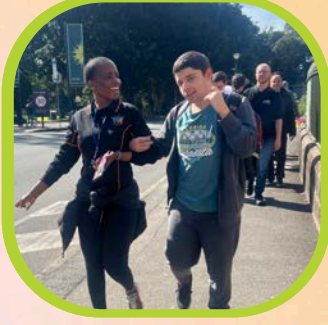
THURSDAY

FRIDAY

MORNING



COMMUNITY ACCESS



AFTERNOON





FORGE WEEKDAY PROGRAM 16-20 SEPTEMBER

MORNING

MONDAY

SOCIAL MONDAYS
Practicing our social skills as we debrief over the weekend and catch up.

TUESDAY

SHOPPING
Going to a local shopping centre to explore what's on offer!

WEDNESDAY

LAUNDRY
Decluttering and tidying our space.

THURSDAY

WORKBOOKS & IPAD GAMES
Using fine motor skills to complete activities and games in our workbooks and ipads.

FRIDAY

COMPOSTING
Turning our food scraps into compost to learn about the environment.

COMMUNITY ACCESS

GOUGH WHITLAM RESERVE
Enjoying nature and our surrounds at Gough Whitlam Reserve.

BAYVIEW PARK
A walk to enjoy the surrounds, do a spot of exercise or relax with friends.

LAKE PARAMATTA RESERVE
Appreciating a beautiful lake view during our park walk.

MARITIME MUSEUM
Traveling to the museum to expand our knowledge and explore the exhibits.

BURWOOD LIBRARY
Searching for our favourite stories and finding some new ones as well.

AFTERNOON

BALLOON ART
Using balloons as our tools to create a variety of patterns.

FRUIT SALAD
Preparing and enjoying fruit salad for our afternoon tea!

YOGA
Practice our flexibility and mindfulness.

SEA ANIMAL SENSORY PLAY
Relaxing with some sensory items relating to sea animals we saw at our museum visit.

FINE MOTOR FRIDAY
Working on our motor skills with a range of fun board games and activities.



FORGE WEEKDAY PROGRAM 23-27 SEPTEMBER

MONDAY

LAUNDRY

Decluttering and tidying our space.

TUESDAY

PUBLIC TRANSPORT

Taking public transport, learning transport, safety and navigation.

WEDNESDAY

MONEY GAMES

Developing our concepts of money by doing some money games!

THURSDAY

SHOPPING

Going to a local shopping centre to explore what's on offer!

FRIDAY

BBQ PREP

Preparing the food, snacks and picnic materials needed for our picnic!

MORNING

COMMUNITY ACCESS

AFTERNOON

AUBURN BOTANICAL GARDENS

Scenic picnic lunch by the water and taking a walk through the Japanese gardens.

COCKATOO ISLAND

Visiting Cockatoo Island for a bush walk and lunch outside.

CINEMA - WILD ROBOT

Visiting the local cinema to watch the new movie - Wild Robot.

WANGAL PARK

A day out at Wangal Park for a stroll and having fun on the play equipment.

BICENTENNIAL PARK BBQ

Enjoying our tasty BBQ lunch at Bicentennial Park.

THINKING GAMES

Varied activities like matching to improve our logic and critical thinking skills.

MAGICAL MUD

Sensory science activity, making magic mud that's both liquid and solid!

ROBOT ART AND CRAFT

Enjoying robot arts and crafts inspired by the movie we just watched!

COOKING WITH JENNIE

Participating in another cooking workshop with Jennie!

FINE MOTOR FRIDAY

Working on our motor skills with a range of fun board games and activities.



FORGE WEEKDAY PROGRAM 30 SEPTEMBER - 4 OCTOBER

MORNING

MONDAY

MUSIC AND MOVEMENT
Self-expression enhances our physical activity and improves balance and co-ordination.

TUESDAY

LAUNDRY
Decluttering and tidying our space.

WEDNESDAY

ROAD SAFETY
Distinguish between the road signs to be safe on the road.

THURSDAY

RECYCLING AND COMPOST
Gathering our recycling and filling the compost bin together.

FRIDAY

PACKING AWAY GROCERIES
Practicing our fine motor skills by packing away our groceries.

COMMUNITY ACCESS

STRIKE ARCADE
Unlocking our competitive spirit with some games at the arcade!

LANE COVE NATIONAL PARK
Enjoying a nature walk by the water on the Lane Cove Trail.

BOUNCE INC
A trip to Bounce Inc in Homebush: an indoor trampolining centre to bounce, have fun and chill in the foam pit.

RETURN AND EARN
Travelling to our local return and earn return point to drop off our recycling!

CRESSWOOD PARK
Exploring the play equipment and grounds with a picnic lunch.

AFTERNOON

SENSORY PAINTING - HANDS AND FEET
Relaxing with sensory painting using our hands and feet!

CREATIVE ARTS
Experimenting with painting on different surfaces and different textures.

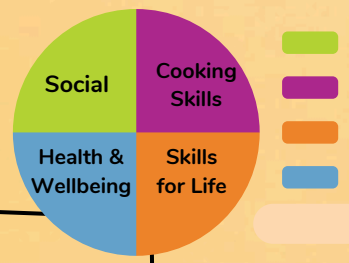
EDIBLE SLIME
Making edible slime as a sensory experiment for science week!

SCIENCE EXPERIMENTS
Exploring the magic of science with some fun experiments!

ANIMAL ART AND CRAFT
Expanding our knowledge of animals with art and craft!



FORGE WEEKDAY PROGRAM 7-11 OCTOBER WORLD SPACE WEEK



MORNING

MONDAY

LAUNDRY

Doing some laundry at one of the cottages to support our independence.



TUESDAY

COMPOSTING

Turning our food scraps into compost to learn about the environment.



WEDNESDAY

HEALTHY EATING

Educating ourselves on the importance of healthy eating and good food practices!



THURSDAY

YOGA

Practice our flexibility and mindfulness.



FRIDAY

PACKING AWAY GROCERIES

Practicing our fine motor skills by packing away our groceries.



COMMUNITY ACCESS

MARRICKVILLE LIBRARY

Search for our favourite stories and find some new ones as well.



GOUGH WHITLAM PARK

Enjoying nature and our surrounds at Gough Whitlam Reserve.



CANTERBURY LEAGUES CLUB LUNCH

Participating in a group lunch at the Canterbury Leagues Club!



BLAIR PARK

Enjoying the local surrounds of Blair Park for some relaxing scenery!



BURWOOD PARK SENSORY PLAYGROUND

Visiting Burwood Park to have fun at the sensory playground!



AFTERNOON

SPACE ART AND CRAFT

To start off World Space Week we're making arts and crafts based on the planets!



SPACE ART AND CRAFT

Continuing our Space Week arts and crafts!



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